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Vegans Know How To Party: Over 465 Vegan Recipes, Including Desserts, Appetizers, Main Dishes, And More

Vegans Know How to Party

Over 465 Vegan Recipes, Including Desserts, Appetizers, Main Dishes, and More

By Chef Nancy Berkoff, EdD, RD



From The Vegetarian Resource Group



Synopsis

Chef Nancy Berkoff shows you how to put on a party for vegans and all those who enjoy great food. Vegan desserts includes pies, tarts, cakes, cupcakes, quick breads, muffins, sauces, frosting, cookies, parfaits, crisps, cobblers, crumbles, beverages, fruit salads, frozen treats and more. Sections on how to entertain a crowd, including using vegan ingredients, basic party planning, parties for children, preparing food for people with diabetes, and working with a caterer. Enjoy party recipes for crispy and crunchy appetizers, spreads, veggie burgers, salads, soups, grain dishes, fast entrees such as lasagna, kebobs, and neatballs, and ethnic dishes from dipping sauces and pizza, to Hungarian, Indonesian, Indian, Italian, Kenyan, and Polish cuisine.

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